Yankees closer Mariano Rivera and FSW Board member Brandon Steiner raise money for our Youth Residence.

Restaurant owner Alvin Clayton hosts Junior Board event with co-presidents Amy Cole and Robin Bratone.

Head Start Director Barbara Sommer and Kim Lisman, HS Family & Community Partnership Manager, work with Congresswoman Nita Lowey, center, to protest funding cuts.

The Camp Viva Team participates in the 2011 AIDS Walk.

Uriel Lopez enjoys his catch with Steven Schwartz on a Big Brothers Big Sisters fishing trip.

Author and TV host Lee Woodruff speaks at an FSW luncheon.

Adoptive families and adoptees were among the “Champions of Adoption” honored at the 2011 STAR Gala.
Family Services of Westchester

OUR MISSION

Family Services of Westchester, founded in 1954, offers a broad range of social and mental health services to strengthen and support families, children and individuals at every stage of the life cycle, from infancy to adulthood.

For 56 years, Family Services of Westchester has stayed true to its mission: to make a difference right here at home. When FSW started in 1954, it had a budget of $20,000 and the Executive Director, Irwin Stein, doubled as the organization’s only caseworker. Today, FSW has six family centers across Westchester County and an annual budget of $20 million. Our 55 programs reach more than 30,000 people a year.

www.fsw.org
started working at Family Services of Westchester in 1995 as an intern through my Master’s in Social Work Program at Columbia University. In 2008, I became the agency’s President and CEO. Every year is a memorable one at Family Services of Westchester, and it is exciting to look back each year and acknowledge what we have accomplished. I am so proud of our 450 employees, 350 volunteers and our outstanding Board of Directors. I am also so grateful for the loyal support of our generous donors and friends. With the help of everyone involved, we are proud of the agency’s most important accomplishments in the 2010-2011 fiscal year:

As those in the non-profit world know, receiving the stamp of approval from the Council on Accreditation is a great accomplishment. During the 2010-2011 fiscal year, the entire agency was involved in the COA self-study, which involved reviews of our programs and administrative departments. After nearly a year of preparation and an extensive review process, FSW was proud to receive another three-year accreditation from COA.

Since 2004, FSW has been educating young children through its Head Start and Early Head Start programs. This past year, the White Plains Central School District asked FSW to assume responsibility for its Universal Pre-Kindergarten as well. Beginning in September, the agency will offer Universal Pre-K to 72 students, with classes in the morning from 9 to 11:30 a.m. and in the afternoon from 12:30 to 3 p.m.
FSW is always eager to help youth at risk for truancy and a $25,000 grant from United Way funded such an intervention for vulnerable Yonkers students. “Participate to Graduate” combines an intervention aimed at reducing juvenile offenses and truancy with parent/teen mediation designed to provide conflict resolution strategies to the students. Another $27,000 grant from United Way funded an early childhood education program called “Thrive by Five.” This initiative enables Head Start staff to use proven tools that will measure the effectiveness of early childhood education in preparing children for elementary school.

In April, 300 people celebrated FSW’s “Champions of Adoption” at the 2011 STAR Gala. Since the agency’s inception, FSW has been working with all members of the adoption triad – adoptive parents, birth mothers and adoptees – to facilitate adoptions. One highlight of the dinner was the moving stories several families shared about adopting or being adopted through FSW. TV host Lee Woodruff was the emcee for the event, and Credit Suisse was the Corporate Honoree.

In the fall of 2010, FSW launched a Junior Board, a group of young professionals who support the agency’s Board of Directors and raise visibility of the agency through events, drives and education. The group established a child-focused Enrichment Fund, which will award grants to FSW programs that emphasize education and outreach to children and youth.

A special grant from the Vera and Walter Scherr Family Foundation facilitated the creation of a highly successful mentoring approach called “I Believe, I Achieve,” which aims to instill a love of learning in the young participants and give them the expectation they will go to college. The program is run by FSW’s Big Brothers Big Sisters and matches children from Scholastic Academy in Yonkers with mentors from Manhattanville College. The initiative stresses the importance of parental involvement, accountability and fitness. The young students are required to maintain good school attendance, read books outside of class, perform community service and work toward improving their grades.

The American Society on Aging in collaboration with the MetLife Foundation selected My Second Home’s intergenerational partnership with Mount Kisco Child Care Center as the winner of the 2011 Mind Alert Award. This national award is designed to recognize outstanding programs that provide mental stimulation and creative outlets in later life.

As you can see, we made inroads in a wide range of program areas that include positive developments for families, children, youth and seniors. We are so grateful for the generosity and hard work of all those who support the important work that we do. We look forward to sharing more good news with you throughout the next fiscal year and for many years to come.

With much gratitude.

Susan B. Wayne
In these tough economic times, families are feeling particularly burdened, juggling multiple jobs, caring for elderly parents as well as young children, and worrying about the safety and career prospects for their adolescents and older teens. Since 1954, Family Services of Westchester has been helping families surmount life’s hurdles, and the organization hopes to continue to fulfill that role for many decades to come.

With more than 50 social service programs, FSW has a wide array of support systems in place for families. Social workers in our Family Mental Health program work with children and adults to help them cope with environmental and emotional challenges. Intensive In-Home Family Preservation Services stabilize families whose children are at risk of being placed in foster care, while Aftercare assists youth and young adults transition from foster care and residential living back home and on to independence. The Sharing Shelf provides gently used clothing to children of all ages, from infancy to the teenage years.

Families affected by HIV/AIDS can tap into six different programs provided under FSW’s Partnership for Care umbrella, including Ryan White Medical Case Management and Supportive Housing Services. For each of the past 17 years, another program, Camp Viva, has been providing a free one-week sleep-away camp experience for more than 100 campers affected by HIV/AIDS.

Latino families can take advantage of the workshops and health resources offered by Latino Connections, while new immigrants can acquire English Language and computer skills at our Jerome Technology Learning Center.

In some Westchester cities, the child poverty rate tops 25 percent.
OVERVIEW:
HEALTHY BEGINNINGS

Family Services of Westchester offers more than 20 programs designed to bolster youth and teens. FSW now provides a Universal Pre-K program through the White Plains school district, where low-income families can also take advantage of our Head Start and Early Head Start programs to help prepare their toddlers and preschoolers for kindergarten and elementary school. Prime Time offers diagnostic and remedial services and a preschool for children with learning disabilities.

Two FSW initiatives, EMERGE and Fathers Count help mothers and fathers, respectively, transition from incarceration to community living by providing them with workshops on Responsible Parenting, Financial Literacy and Employment Readiness.

Since 1958, FSW’s Big Brothers Big Sisters program has been providing mentors to youth throughout Westchester. These caring adults help youth develop confidence, strengthen their academic skills and provide emotional support. In addition to its many community matches, BBBS of FSW pairs high school and college students with elementary pupils and taps corporate employees to serve as “Bigs” for children in nearby schools.

Parents of children with emotional challenges can receive after-school and weekend breaks through our various Respite programs. Camp Success provides children who struggle with emotional disturbance a therapeutic and recreational seven-week summer camp experience.

Studies show that children mentored in a Big Brothers Big Sisters program do better in school, have higher self-esteem and greater aspirations.
The teenage years can be particularly challenging, as the physical and emotional changes that occur during this period can undermine a teen’s focus and self-esteem. School truancy, teenage pregnancy, substance abuse and gang violence also threaten the safety and well-being of teens everywhere, in every city and town across Westchester.

FSW helps teens reach their potential and avoid risky behavior by providing academic support, counseling and leadership development. Each year, approximately 60 adolescents and teens participate in the Westchester County Junior Youth Council and the Westchester County Youth Council to learn how to be effective advocates for their peers. Weekly meetings, workshops and trips to Albany and Washington, D.C. help participants learn about important legislative issues and help them hone their leadership skills.

Therapeutic Foster Care and our Youth Residences for boys and girls provide nurturing homes where adolescents and teens can thrive. Support programs that encourage youth to follow a healthy lifestyle and avoid risk-taking behaviors include Community Health Awareness through Youth Leadership. Participate to Graduate helps at-risk youth in Yonkers avoid truancy and graduate from high school while the Gang Prevention Mentoring Program in Mount Vernon aims to prevent 120 youth between the ages of 10 and 15 from dropping out of school or joining a gang. In Port Chester, Bienvenidas Girls reaches out to young women who recently immigrated to this country to prevent pregnancy and increase their graduation rate. This successful program has lowered both the pregnancy and drop-out rates among this vulnerable group.

OVERVIEW: YOUTH DEVELOPMENT

Leadership programs help successful teens become advocates for their peers while support services and interventions keep those at risk of truancy or gang involvement on the right path.
OVERVIEW:
AGING WITH DIGNITY

Nearly 150,000 Westchester residents are over the age of 65 and one-third of them live in poverty. Seniors – regardless of their financial means – want to live their later years with dignity in the county they call home. Family Services of Westchester provides a continuum of care for the elderly with offerings in housing, health services, employment readiness and recreational opportunities.

FSW’s Home Health Care program provides qualified aides to seniors who live at home but need personal care assistance, like meal preparation and grocery shopping. The Service Coordinator Program helps seniors living in senior buildings link to community resources and support systems. Seniors at home can also participate in FSW’s award-winning intergenerational adult day program called My Second Home. Offering a joyful alternative to assisted living and nursing home care, My Second Home gives seniors the opportunity to interact with children from the adjacent Mount Kisco Child Care Center several times a day, dancing, singing, gardening and doing craft projects.

For seniors who can no longer live at home, Maple House in Ossining offers an assisted-living type environment for frail or disabled seniors who are financially eligible for Section 8 housing. The White Plains Guest House serves older adults with mental health issues. Residents receive 24-hour supervision, meals, medication monitoring and help with housekeeping.

A successful job training program, created in conjunction with AARP, called FSWorks matches older adults seeking paid full-time or part-time employment with linkages to local employers searching for experienced and mature workers. The program also offers workshops in resume writing and interviewing techniques.

For older adults, socialization and stimulation are critical ingredients in staving off Alzheimer’s and other aging challenges.
STATEMENT OF REVENUE AND EXPENSES Year ended June 30, 2011

OPERATING SUPPORT AND REVENUE

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$1,465,630</td>
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<tr>
<td>Government and Other Grants</td>
<td>$9,016,204</td>
<td>44%</td>
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<tr>
<td>Program and Client Fees</td>
<td>$9,899,234</td>
<td>48%</td>
</tr>
<tr>
<td>Other</td>
<td>$135,276</td>
<td>1%</td>
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<tr>
<td><strong>Total Support and Revenue</strong></td>
<td><strong>$20,516,344</strong></td>
<td><strong>100%</strong></td>
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</table>

OPERATING EXPENSES

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<th>Service</th>
<th>Amount</th>
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<tr>
<td>Youth Services</td>
<td>$5,948,104</td>
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<tr>
<td>Family Mental Health</td>
<td>$4,743,006</td>
</tr>
<tr>
<td>Elder Services</td>
<td>$2,092,915</td>
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<tr>
<td>Home Care Services</td>
<td>$2,304,050</td>
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<tr>
<td>Education Services</td>
<td>$4,155,675</td>
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<tr>
<td>Management and General</td>
<td>$892,701</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$287,715</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$20,516,344</strong></td>
</tr>
</tbody>
</table>

Non Operating Activities      | 355,186      |
Change in Net Assets           | 447,364      |
Net Assets Beginning of Year   | $2,114,873   |
Net Assets End of Year         | $2,562,237   

Family Services of Westchester spends 93 percent of its income on programs.
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Mr. and Mrs. Richard Zuckerman

Mr. Ryan Zenga
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- U.S. Department of Justice
- U.S. Department of Health and Human Services
- The Corporation for National and Community Service (AmeriCorps)
- New York State Department of Health (NYSDOH)
- New York State Department of Education (NYSDOE)
- New York State Office of Children and Family Services (NYSOCFS)
- New York State Office of Mental Health (NYSOMH)
- Westchester County Department of Health
- Westchester County Department of Community Mental Health
- Westchester County Department of Senior Programs & Services
- Westchester County Department of Social Services
- Westchester County Youth Bureau
- United Way of Westchester & Putnam
- City of White Plains
- City of Mount Vernon
- City of Yonkers

ACCREDITATIONS:

- Accredited by Council on Accreditation
- Accredited by the Better Business Bureau

AFFILIATIONS:

- Alliance for Children & Families
- Big Brothers Big Sisters of America
- New York State Association of Family Service Agencies
- New York State Association of Health Care Providers
- Westchester County AIDS Council
- Westchester County Geriatric Mental Health Coalition
- Westchester County Elder Abuse Coalition
- Westchester County Adult Day Services Coalition
- Licensed by New York State as an Adoption Service
- Licensed by New York State Office of Mental Health as a Mental Health Clinic
- Licensed by New York State Department of Health to provide Adult Home for Seniors
- Licensed by New York State Department of Health to provide Home Health Services
- Licensed by New York State Department of Health to provide Enriched Housing for Seniors
- Licensed by New York State Office of Education to provide Special Education Services (Prime Time)

This Annual Report was written and produced by the Development Department of Family Services of Westchester

Lynn Green, Vice President
Deborah Wilson, Director of Development
Colleen Davis Gardephe, Director of Public Relations

Graphic Design by Laura Cacciato

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VP, Aging, Health and Community Support Services
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Senior Director, Head Start, Early Head Start, Prime Time
Andrew Levine
Director, Human Resources and Administration

* These staff and Board positions are accurate for fiscal year July 1, 2010 through June 30, 2011.
OUR PROGRAMS INCLUDE:

**STRONG FAMILIES**
Family Mental Health
Camp Viva
Family Mediation
The Sharing Shelf
Families Together Again
Intensive In-Home Family Preservation
Family Strengthening
Latino Connections
Fathers Count
Technology Learning Center
Healthy Beginnings
EMERGE
Head Start/EHS/Prime Time
Respite
Camp Success
BBBS
In-school clinics

**YOUTH DEVELOPMENT**
Youth Councils
Therapeutic Foster Care
Boys and Girls Youth Residences
Adolescent HIV Prevention
Adolescent Pregnancy Prevention
Bienvenidas Girls
BBBS
Gang Prevention Services

**AGING WITH DIGNITY**
Home Health Care
My Second Home
Maple House Enriched Housing
White Plains Guest House
FSWorks
Senior Services Coordinators

FAMILY SERVICES OF WESTCHESTER

LOCATIONS

**ADMINISTRATIVE OFFICES AND PORT CHESTER FAMILY CENTER**
One Gateway Plaza
Port Chester, New York 10573
(914) 937-2320
Fax (914) 937-4902
Email: fsw@fsw.org
Website: www.fsw.org

**MOUNT VERNON**
9 W. Prospect Avenue, Suite 309
Mount Vernon, New York 10550
(914) 668-9124

**PELHAM**
507 Fifth Avenue
Pelham, New York 10803
(914) 738-1728

**SLEEPY HOLLOW**
239 North Broadway
Sleepy Hollow, NY 10591
(914) 631-2022

**WHITE PLAINS**
One Summit Avenue
White Plains, New York 10606
(914) 948-8004

**YONKERS**
20 South Broadway
Yonkers, New York 10701
(914) 964-6767
ANNUAL REPORT
2010-2011

Help Us Change Lives:
Our outreach to 30,000 children, teens and families each year is supported by the generosity of individuals, foundations and corporations.

HOW TO GET INVOLVED
There are several ways to make a donation:

- Submit a donation through our website at www.fsw.org, where you can learn about leaving a bequest, donating stocks or life insurance benefits, or making a gift to our endowment fund.

- Send a check to Family Services of Westchester, One Gateway Plaza, Port Chester, NY 10573, Attention: Development

- Donate using your credit card by calling (914) 305-6876. We accept VISA, MasterCard and American Express.

We are always in need of in-kind gifts of goods and services and we welcome volunteers for our many programs and advisory boards. You can volunteer for a Community Day event or become a regular helper at one of our programs. To learn about volunteer opportunities for yourself, your group or your company, please call (914) 305-6834.