What Participants Have to Say about FSW:

“Fathers Count made me take a look at myself. It helped me to get back to what I needed to do as a father, which is being responsible, being stable and learning how to deal with life on life’s terms.”

– Fathers Count participant Larry Watts

“I was worried that adoption would be daunting and difficult. Mia Diamond Padwa and her staff at FSW made the process work beautifully for me and for the young birth mother. We both felt that all our logistical and emotional concerns were addressed and that we could embark on our open adoption feeling confident that everything would go well.”

– Stephanie Reice, adoptive mother, with her daughter

“Many students at Port Chester High School deal with major life challenges like the impact of grinding poverty and immigration issues on their lives and their families’ lives. Social workers from FSW do a remarkable job helping our students find ways to handle these issues and be resilient so teens can become their best selves personally, socially and academically.”

– Andrea Davis, Social Worker at Port Chester High School

“Respite helped my son so much. He learned to share, try new things, interact with others and see that it was OK to be away from Mommy and Daddy. The staff was remarkable and so dedicated. They would talk with him and listen and calm him down when necessary and coax him to experience new things. It’s great that FSW has this program for the children who really need it.”

– Carol O’Connor, a recent Respite parent

“Zhane’s Big Sister Debbie has made such a deep impact on her life. Zhane has a hopeful attitude about life and her goals. Her Big Sister has shown her how important it is to look outside of yourself, so now Zhane is volunteering at a food pantry and working with the homeless. I am so grateful for this program. And now, all three of my children have Bigs!”

– Gwen Edwards, BBBS parent
FSW
OUR MISSION

FAMILY SERVICES OF WESTCHESTER, FOUNDED IN 1954, OFFERS A BROAD RANGE OF SOCIAL AND MENTAL HEALTH SERVICES TO STRENGTHEN AND SUPPORT FAMILIES, CHILDREN AND INDIVIDUALS AT EVERY STAGE OF THE LIFE CYCLE, FROM INFANCY THROUGH ADULTHOOD.

For 57 years, FSW has stayed true to its mission: to make a difference right here at home. Today, FSW has seven family centers across Westchester County and an annual budget of $21 million. Our 50 programs reach more than 30,000 people a year and run the gamut from adoption to home health care, from youth residences to AmeriCorps, from Head Start to Big Brothers Big Sisters. Our 500 employees and 350 volunteers work with all segments of the community in all geographic corners of Westchester. Children, teens, adults, families, older adults, Latino immigrants and families affected by HIV/AIDS all benefit from FSW’s programs.

Thank you for taking the time to learn about our mission and our programs.

www.fsw.org
UPDATE FROM SUSAN B. WAYNE, PRESIDENT AND CEO
HIGHLIGHTS OF 2011-2012

The 2011-2012 fiscal year was an exciting time for FSW. We embarked on a major capital campaign and site-creation project, secured several important federal and foundation grants and launched a Veteran’s Outreach Program that will potentially reach many veterans in Westchester. We reaped the benefits of an improving economy and were able to maintain and even expand several programs to meet growing needs. I am enormously proud of our 500 employees, 350 volunteers, our outstanding Board of Directors and our nascent Junior Board. I am also so grateful for the loyal support of our generous donors and friends. With the help of supporters and staff, we were able to accomplish many goals in 2011-2012. Here are just a few of the highlights:

FSW Embarks on Campaign to Create The Center for All Ages in White Plains: In May 2012, FSW embarked on the single most ambitious and exciting site-creation project in the non-profit’s nearly 60-year history. The Lanza Family Foundation offered FSW a $1,000,000 Challenge Grant to create The Center for All Ages in White Plains, a multigenerational facility that will house an adult day program with caregiver support, Head Start/Early Head Start, recreation for special needs youth, Big Brothers Big Sisters activities as well as after-school and summer programs for youth and teens. Housed in a specially designed building, the Center will replicate and expand some of the services provided by FSW’s award-winning My Second Home intergenerational community in Mount Kisco. The matching gifts campaign extends through June 2013.

Harvard Alumni Group Offers Pro Bono Strategic Planning to FSW: Community Partners, an initiative of the Harvard Business School Club of New York, provides free consulting services to non-profits and other organizations throughout the New York City metropolitan area. During the spring of 2012, five members of this group, all Westchester residents, spent four months doing research, conducting 50 interviews, analyzing the information and compiling their strategic planning recommendations in a report they delivered to the agency’s Board of Directors. The Harvard team made suggestions concerning infrastructure, programs, board development, fundraising and the agency’s ambitious new project, The Center for All Ages.

FSW Launches a Veterans Outreach Program to Serve the County’s 40,000 Vets: In January, FSW launched its Veterans Outreach Program with the hiring of Director Joshua Gaccione, a four-year Army vet who served as a paratrooper in both Afghanistan and Iraq. The program focuses on the re-integration of service members who were deployed in Iraq or Afghanistan back into the Westchester community. Veterans Outreach serves families, before, during and after deployment. One of the program’s earliest accomplishments was the creation of The Westchester Veterans Service Providers Network, which meets quarterly and includes more than 50 service providers. FSW’s new program also offers direct services to veterans through individual and family counseling, peer-to-peer discussions, veteran-civilian dialogues, focus groups and referrals to resources.

Big Brothers Big Sisters Offers Free Home Pickup of Clothing: FSW restarted free home pickup of clothing, housewares, small appliances and toys through its Big Brothers Big Sisters program. From Pelham to Peekskill, Bronxville to Buchanan, the Big Brothers Big Sisters trucks travel throughout the county for scheduled pickups in 24 zones that cover 61 towns. Residents can call the toll-free number 1-877-399-2570 to arrange a free home pickup of donated household items. Or they can go online to www.bbbsdonate.org to schedule a pickup.
Fathers Count Wins a $544,000 Grant from the U.S. Department of Health and Human Services: FSW began administering its Fathers Count program in 2006, and in 2011, the program was one of 120 grantees chosen by the U.S. Department of Health and Human Services to promote healthy marriage and responsible fatherhood. This $544,000 grant enables Fathers Count to serve a targeted population of 125 fathers annually over the course of three years. These men include fathers who are about to be released from incarceration, on probation supervision, or in child support arrears. Fathers Count uses a Responsible Fatherhood curriculum to teach parenting, healthy relationships and financial literacy skills in a series of ten two-hour workshops.

Brandon Steiner Spearheads Renovation of the Evelyn Sachs Steiner Home for Girls: FSW Board member Brandon Steiner, CEO of Steiner Sports Marketing, held a charity event and raised $275,000 for the renovation of FSW’s Girls’ Residence. Contractors donated their time to make these improvements in the White Plains home: modernized the kitchen; replaced all siding and roofing; refurbished all bedrooms; overhauled two bathrooms; updated the foyer and office; provided new landscaping and renovated the front porch. The residence, which has been renamed in honor of Brandon’s mother, is home to eight adolescent girls, all of whom have experienced emotional trauma or abuse. Previously, Steiner spearheaded a $250,000 renovation of the Boys’ Residence, which was renamed the Jerome Wagner Youth Residence in honor of the late father of Steiner’s wife, Mara.

RideConnect Provides Transportation for 115 Older Adults a Month: When RideConnect launched in January 2012, the transportation referral program for older adults in Northern Westchester was helping about 30 older adults find taxis or community vans to take them shopping, to the bank, the doctor or the hairdresser. Now with a coordinated volunteer driving program that includes 20 drivers, the program is helping 115 older adults find rides every month. Funded by the New Freedom program, RideConnect has a call center and a website which older adults can use to find out about transportation options. This initiative aligns with the goals of Livable Communities, a program funded by the Westchester County Department of Senior Programs and Services.

FSW Junior Board Awards $7,500 in Grants to Youth Programs: A group of emotionally challenged adolescent males are treated to a weekend trip to Washington, DC. Seven children with serious mental disorders enrolled in our Social Stars After School Program enjoy field trips to the Bronx Zoo, New York Aquarium and the New York Hall of Science. These and other enrichment activities were funded by grants from FSW’s Junior Board, a group of dedicated volunteers who support the Board of Directors and promote the mission of FSW through educational, fundraising and service initiatives. During its inaugural year, the Junior Board raised more than $20,000 for a Youth Enrichment Fund, which provides supplemental funding to FSW’s youth programs. In the first half of 2012 the Junior Board awarded $7,500 in grants to fund seven different projects.

We pursued these accomplishments to achieve positive outcomes for families, children, youth and seniors throughout our county. We are optimistic that, with your help, we will continue to significantly impact the quality of life in our community.

With much gratitude.

Susan B. Wayne
Tony Lembeck and his family were the honorees at this year’s STAR Gala, which celebrated programs that Help Families Transcend Challenges, including Camp Viva, a one-week sleepaway camp for families affected by HIV/AIDS that Tony helped found 18 years ago. Swiss Re was the corporate honoree.

Members of three churches and one synagogue in Pelham banded together to create 300 Thanksgiving boxes for needy families working with FSW. Participating congregations included Huguenot Memorial Church, Our Lady of Perpetual Help (OLPH), St. Catherine’s Rectory and The Pelham Jewish Center.

Eagle Scout Jeffrey Bosmediano recruited 43 other Eagle Scouts to help him collect 200 holiday toys for Head Start, which was his “preschool alma mater.”

FSW received the Community Partner Award from the Junior League of Central Westchester at the group’s 65th Anniversary Gala. Susan B. Wayne, left, President and CEO of FSW, emcee Brian Conybeare and Lynn Marvin, President of the JLCW, celebrated at the event.

200 teens attended the 27th Youth Action Convention at Pace University in Pleasantville, which was orchestrated by FSW’s Westchester County Youth Councils. In their student leadership roles, Youth Council members have created a community garden, taught workshops, served food at a soup kitchen and have advocated for peers in Albany and White Plains.
FSW’s Sharing Shelf filled 232 backpacks with school supplies for needy elementary and middle school children throughout the county. Twenty volunteers worked alongside Deborah Blatt, founder and volunteer coordinator of The Sharing Shelf. FSW’s Sharing Shelf moved to a new Port Chester warehouse location this year and now provides clothing to 150 children a month through more than 20 social service agencies.

Approximately 120 PepsiCo employees participated in the “Bowl for Kids Sake” fundraising bowl-a-thon. The event generated $30,000 for FSW’s Big Brothers Big Sisters program.

Nearly 160 guests attended a festive fundraising dinner, “La Dolce Vita,” which raised $70,000 for FSW’s My Second Home, an award-winning intergenerational adult day program in Mount Kisco. Co-chairs Steve and Christy Ruvituso were delighted that the event will enable more older adults with Alzheimer’s and other challenges to benefit from My Second Home’s innovative approach.

Meridith Alin, Marcy Berman-Goldstein and Leslie Chang were among the 75 guests who attended a springtime wine-tasting held by FSW’s Junior Board. Proceeds from the event at Tarry Wine Merchants were used to help the Junior Board offer supplemental grants to FSW’s youth programs.
While federal, state and local governments provide funding for many FSW programs, social service budgets are being reduced resulting in cuts to vital programs. Consequently, funds provided by private philanthropy – corporate and private foundations – are increasingly important as FSW strives to meet the growing needs of our community. Here are five examples of Philanthropy in Action:

**Filling in the Service Gaps for Older Teens and Young Adults**

When adolescents age out of foster care or residential living, they are often not ready to live independent lives. Grants from New York Life Foundation, The Marion E. Kenworthy-Sarah H. Swift Foundation, and the Viola W. Bernard Foundation help FSW support these adolescents through a three-pronged umbrella program called Launching Pad.

Launching Pad provides counseling services for youth and their families to ease the transition out of group residences, foster care and mental health support programs. It also offers a twice weekly support group for young adults who have received mental health services, and a Special Assistance Fund to enable youth to take advantage of opportunities that help them succeed in life. This fund covers fees for SAT/ACT college prep courses; GED courses and tutoring; appropriate clothing for job/college interviews; and transportation costs for work or education-related travel. “We are so grateful to these foundations for helping FSW create Launching Pad,” notes CEO Susan Wayne. “We know this is a successful model, and we are already seeing real benefits for the young adults in this program.”

**Providing Exercise and Healthy Nutrition to Young Children and Their Families**

Over the past three decades, the childhood obesity rate for preschool children has more than doubled. Forty-five percent of the 194 Head Start children served by FSW are considered obese. FSW also serves 40 toddlers from low-income families in Early Head Start and another 180 children in its Universal Pre-K program. In May 2012, Dannon awarded a $30,000 Next Generation Nutrition Grant to FSW to implement a Healthy Lifestyle program that serves all these young children. Yoga and Zumba classes are offered to the preschoolers, evening nutrition workshops are presented to parents and caregivers, and family field trips to a local supermarket are led by a retail dietician. Darlene Glasel, Senior Director of FSW’s Early Childhood programs, comments, “Like Dannon, we want to promote healthy lifestyles and reduce childhood obesity. This grant is enabling FSW to take proactive steps to encourage our families to eat right and exercise every day.”
Helping Incarcerated Parents Rejoin Their Families, Develop Financial and Job-Readiness Skills

Since 2006, FSW has been running Fathers Count, a federally funded initiative promoting responsible fatherhood and economic stability for fathers who have been involved in the Westchester County or New York State Criminal Justice System. The Sills Family Foundation and the Wyman Foundation have provided supplemental grants to support a family component to Fathers Count, so that children and spouses of fathers being released from prison can attend educational workshops and enrichment activities to further the family’s bonding. EMERGE, a parenting education program for incarcerated women that prepares them for re-entry into the community, also received a supplemental grant from The Sills Family Foundation. This initiative enables program administrators to provide education and job-readiness training to the mothers being released from prison. “Eighty percent of children of incarcerated parents will have some involvement with the criminal justice system, so Fathers Count and EMERGE are critical to breaking that cycle,” notes Marissa Malett, Director of Criminal Justice Services for FSW.

Scholarships Enrich Futures for Adolescent Girls and Boys in Youth Residences

FSW established two Youth Residences in 1974, one for eight boys ages 13 to 21, the other for eight girls the same age. Life can be challenging for these teenagers, all of whom for emotional or safety reasons, cannot remain in their own homes. These adolescents received some great news in 2011 when The Fridolin Charitable Trust gave the current and future youth in these residences a $100,000 grant to establish a Scholarship Fund, which will provide internships, college scholarships, and specialized training opportunities for youth in the homes who demonstrate promise. An enrichment portion of the grant will enable the teens to attend educational trips and attend cultural and athletic events. “The teens in our Youth Residences will now have greater access to life-expanding experiences through this funding,” says Lynn Green, Vice President of Development for FSW. “This grant encourages teens to meet their potential and gives them the confidence to pursue their dreams.”

ADAPT Helps Parents and Teens Resolve Conflicts

FSW created the ADAPT (A Different Approach for Parents and Teens) program in 1985, in partnership with the Westchester Family Courts to divert children who are at risk for incarceration from the Juvenile Justice System. The program has been highly successful in reducing truancy and school suspensions, raising students’ grades and decreasing conflict in the home. ADAPT has been so successful, in fact, 90 percent of the teens and families who are referred to the program through Child Protective Services will be diverted from PINS (Persons in Need of Supervision). Grants from the Westchester Community Foundation and St. Faith’s House Foundation allow ADAPT to continue in the villages of Tarrytown and Sleepy Hollow, where 43 percent of the student population is eligible for free and reduced lunch and many parents struggle with literacy. “ADAPT mediators help parents and children resolve conflicts and improve communications,” notes Kathy Howard, Clinic Director, Family Mental Health in Sleepy Hollow. “It is a model program for intervention that encourages students to stay in school and work harder.”
A pie chart and a diagram are presented to illustrate the financial breakdown of Family Services of Westchester. The chart shows the percentage of revenue and expenses allocated to different services and programs. The text provides a statement of revenue and expenses for the year ended June 30, 2012, detailing contributions, government and other grants, program and client fees, and other revenue sources, along with operating expenses and non-operating activities. The net assets at the beginning and end of the year are also provided.
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McDonalds

Miller’s Toys got its start in 1908 when Joseph Miller founded a bicycle and baby carriage store in Harlem. In 1948, Joseph’s son Irving opened Miller’s in Mamaroneck. Two generations later, Brooke (Irving’s granddaughter) and her husband Taka Andrews, run the family business and take their responsibility of “giving back to the community” very seriously. “We are deeply indebted to the community that has supported our store through three generations of Miller families, almost 65 years of our neighbors buying toys, bikes and furniture from our store,” says Taka.

Taka and Brooke started partnering with FSW about six years ago when the store was reducing its inventory of children’s furniture and the young couple gave some of these items to FSW’s Head Start classrooms. Soon the store was supplying clothing, supplies and toys to children in FSW’s more than 20 youth programs. A few years ago, the 20,000-foot-store and warehouse became a drop-off location for donations to The Sharing Shelf, an FSW program that distributes gently used clothing and baby goods to needy Westchester families through social workers and other partnering organizations. “We find that a lot of our customers want to help neighbors in need, and we are in a good position to help them find the best organizations to support,” notes Taka.

UPDATE:
When Hurricane Sandy devastated the Rockaways, Miller’s and The Sharing Shelf partnered to collect winter jackets, boots, hats and diapers for the children living there. “We sent out an email to about 3,500 clients on our customer loyalty list and asked for donations,” says Taka. “There was an outpouring of support from our customers, and The Sharing Shelf was able to take two large truckloads of clothing and diapers to the Rockaways,” explains Taka. “We were happy to be the conduit for this community outreach.”
Les and Sybil Rosenberg believe in philanthropy and like to focus their giving locally. “It is so important to give back to the community you live in,” notes Les. “Sybil and I were both born and raised in the New York City area, and we don’t have any plans to leave as we approach our golden age.” In addition to giving to their local synagogue and other interests, the Rosenbergs started giving to FSW in 2011 when they learned about the non-profit from two of its employees. When Grants Coordinator Donna Weissman told the Rosenbergs about FSW’s ambitious new multigenerational project The Center for All Ages, they were intrigued. The couple visited FSW’s intergenerational program My Second Home in Mount Kisco and were hooked. “The adults were happy and the children were enjoying themselves too, so we just got such a good feeling about the program,” notes Sybil. “It clearly works for both groups,” added Les, who said he gets emotional when he thinks about his visit, perhaps because he and Sybil do not have any children. “For many of the seniors, My Second Home gives them a reason to live,” adds Les. “You have to wonder, who is mentoring whom?”

The Rosenbergs chose to underwrite the $35,000 cost of the playground at FSW’s new Center for All Ages, which is slated to open in 2014. “We hope the playground will be used a lot,” says Sybil. “We will definitely be there when they dedicate the playground in White Plains,” adds Les. “In fact, we can’t wait!”

Les and Sybil Rosenberg: Why We Support FSW

Les and Sybil Rosenberg believe in philanthropy and like to focus their giving locally. “It is so important to give back to the community you live in,” notes Les. “Sybil and I were both born and raised in the New York City area, and we don’t have any plans to leave as we approach our golden age.” In addition to giving to their local synagogue and other interests, the Rosenbergs started giving to FSW in 2011 when they learned about the non-profit from two of its employees. When Grants Coordinator Donna Weissman told the Rosenbergs about FSW’s ambitious new multigenerational project The Center for All Ages, they were intrigued. The couple visited FSW’s intergenerational program My Second Home in Mount Kisco and were hooked. “The adults were happy and the children were enjoying themselves too, so we just got such a good feeling about the program,” notes Sybil. “It clearly works for both groups,” added Les, who said he gets emotional when he thinks about his visit, perhaps because he and Sybil do not have any children. “For many of the seniors, My Second Home gives them a reason to live,” adds Les. “You have to wonder, who is mentoring whom?”

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Ms. Lori Hoffman
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IBM Employee Services Center
Moody’s Foundation
Morgan Stanley C/O Cybergrants
New York Life Giving Campaign
Pepsi Foundation
Pfizer Foundation Matching Gifts
Trust
HOW TO GET INVOLVED
There are several ways to make a donation:

- Submit a donation through our website at www.fsw.org, where you can learn about leaving a bequest, donating stocks or life insurance benefits, or making a gift to a particular program.
- Send a check to Family Services of Westchester, One Gateway Plaza, Port Chester, NY 10573, Attention: Development
- Donate using your credit card by calling (914) 305-6840. We accept VISA, MasterCard and American Express.

WE WELCOME VOLUNTEERS
We are always in need of in-kind gifts of goods and services and we welcome volunteers for our many programs and advisory boards. You can volunteer for a Community Day event or become a regular helper at one of our programs. To learn about volunteer opportunities for yourself, your group or your company, please call (914) 305-6834.
Family Services of Westchester received extensive press coverage in the 2011-2012 fiscal year with more than 100 stories written about our programs, events, initiatives, staff members, volunteers and funders. Approximately 18 news outlets as well as seven editions of Patch.com and 10 editions of the Daily Voice published stories on FSW. Feature stories appeared in Westchester Magazine, Westchester Wag and 914Inc. Newspapers that covered FSW included the Daily News, the New York Post, The Journal News, the Westchester County Business Journal, New York Non-Profit Press, The Examiner, the Mount Vernon Inquirer, Pelham Weekly, The Rye Record, New Rochelle Review, The Loop, Larchmont Ledger, Westmore News and Scarsdale 10583. News 12 also provided coverage. We are grateful to the media outlets who worked with us and with their readers who learned about our efforts.

Follow FSW

Check out our website at www.fsw.org for the latest news and events. Follow us on Twitter @FSWestchester and like our Facebook page. Thank you!
ACCREDITATIONS & AFFILIATIONS

ACCREDITATIONS
• Accredited by Council on Accreditation
• Accredited by the Better Business Bureau

AFFILIATIONS
• Alliance for Children & Families
• Big Brothers Big Sisters of America
• New York State Association of Family Service Agencies
• New York State Association of Health Care Providers
• Westchester County AIDS Council
• Westchester County Geriatric Mental Health Coalition
• Westchester County Elder Abuse Coalition
• Westchester County Adult Day Services Coalition
• Licensed by New York State as an Adoption Service
• Licensed by New York State Office of Mental Health as a Mental Health Clinic
• Licensed by New York State Department of Health to provide Adult Home for Seniors
• Licensed by New York State Department of Health to provide Home Health Services
• Licensed by New York State Department of Health to provide Enriched Housing for Seniors
• Licensed by New York State Education Department to provide Special Education Services (Prime Time)

FSW CONTRACTS WITH OR RECEIVES PROGRAM SPECIFIC FUNDING FROM:
• U.S. Department of Health and Human Services
• The Corporation for National and Community Service (AmeriCorps)
• New York State Department of Health (NYSDOH)
• New York State Department of Education (NYSDOE)
• New York State Office of Children and Family Services (NYSOCFS)
• New York State Office of Mental Health (NYSMOH)
• Westchester County Department of Health
• Westchester County Department of Community Mental Health
• Westchester County Department of Senior Programs & Services
• Westchester County Department of Social Services
• Westchester County Youth Bureau
• United Way of Westchester & Putnam
• City of White Plains
• City of Mount Vernon
• City of Yonkers

This Annual Report was written and produced by the Development Department of Family Services of Westchester

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Colleen Davis Gardepe, Director of Public Relations

Graphic Design by Laura Cacciato

www.fsw.org

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* These staff and Board positions are accurate for fiscal year July 1, 2011 through June 30, 2012.
OUR PROGRAMS INCLUDE:

**STRONG FAMILIES**
- Aftercare
- Camp Viva
- Family Mediation
- Family Mental Health
- Family Strengthening
- Fathers Count
- Intensive In-Home Family Preservation
- Latino Connections
- The Sharing Shelf
- Technology Learning Center
- Veterans Outreach

**HEALTHY BEGINNINGS**
- BBBS
- Camp Success
- EMERGE
- Head Start/EHS/Prime Time
- In-school clinics
- Respite

**YOUTH DEVELOPMENT**
- Adolescent HIV Prevention
- Adolescent Pregnancy Prevention
- Bienvenidas Girls
- BBBS
- Boys and Girls Youth Residences
- Gang Prevention Services
- Launching Pad
- Therapeutic Foster Care
- Youth Councils

**AGING WITH DIGNITY**
- FSWorks
- Home Health Care
- Maple House Enriched Housing
- My Second Home
- Senior Services Coordinators
- White Plains Guest House

**www.fsw.org**
FSW ANNUAL REPORT 2011-2012

Our outreach to 30,000 children, teens, seniors and families each year is supported by the generosity of individuals, foundations and corporations.

HELP US CHANGE LIVES
Become a mentor, volunteer, make a donation or sponsor an event.
www.fsw.org