Director's Corner

Dear Participants, Caregivers, and Friends;

"Summer is the annual permission slip to be lazy. To do nothing and have it count for something. To lie in the grass and count the stars. To sit on a branch and study the clouds."

— Regina Brett

My favorite thing was swinging on a swing and staring head back at the moving clouds. I did this yesterday with my grandson! Take the time to do some if not all of your favorite things. Enjoy the warm breezes and give yourself permission to be lazy. You deserve it!

My best to everyone,

Karen

"Summer afternoon, summer afternoon; to me those have always been the two most beautiful words in the English language."

— Henry James

My Second Home is a program of Family Services of Westchester

INDEPENDENCE | DIGNITY | CHOICE | SINCE 1998

Journal News

July 2016

Staff Updates

Diane Forte will be taking a family leave from My Second Home, beginning August 1st in order to take care of her mom, Margaret. She will be missed, but we wish her and Margaret well!

Holiday

We will be closed on Saturday, July 2, and Monday, July 4 for Independence Day.

July Birthdays

Louise M.
Nancy K.
Betsy T.
Marguerite K.
Dick D.
Emma R.
Fanny H.
Sy G.

The participants and Horticulture Team surprised the staff with a beautiful gift they made: a homemade edible arrangement!

The Horticulture Team also got many involved in making colorful holiday arrangements. Top from left to right: Pat, Alice, and Anne Marie love the floral project.

My Second Home is a program of Family Services of Westchester

Karen Bisignano, LMSW, Director | 914-241-0770 | 95 Radio Circle, Mount Kisco, NY 10549 | www.fsw.org
Congratulations, Nick!

On Saturday, June 18th, My Second Home participated in Yorktown Community Day, where we were able to share information about our program with many people from our area. Deb (Outreach Coordinator) and Nick manned the table with help from Grace and Jean Anne (participant and caregiver) — answering questions and generally singing the praises of My Second Home. A highlight of the day was the “Three Cheers for Volunteers” ceremony, sponsored by Yorktown Organizations United, during which our very own Nick Fiegoli was honored as Volunteer of the Year for his seven years of service to MSH. Diane nominated Nick for this honor saying that he reliably comes to MSH every Tuesday from 8:30 to 2:30, doing everything from serving coffee and breakfast to reading current events and keeping conversation going among the “men’s club.” He is so dedicated and so good at what he does that many of us forget that he is not a staff member! Nick often says that his main goal is to get the participants to laugh. Staff and participants alike can attest to his great sense of humor and his ability to make us all smile.

Nick says that he gets so much more from volunteering than he gives, but we think just the opposite is true. We are so lucky that Nick has chosen to volunteer at My Second Home. He truly deserves this honor!

Wish List

Because we are not-for-profit, there are always needs for which money may not be available. We’re grateful that you help support this important and unique program with your charitable donations.

- Bingo prizes (costume jewelry is a favorite)
- Bath/shower chair
- Stretch pants
- Bird food
- Disinfectant wipes
- Personal wipes
- Boxes of tissues

Walk With Us!

The Alzheimer’s Association’s annual fundraiser is Sunday, Sept. 25, 2016 in White Plains. Walk with us to raise more awareness and funds for this important cause. Contact Dan Jackson at 914-241-0770 (djackson@fsw.org) or Joan Nimmo at 914-422-8100 (jnimmo@fsw.org) for details and to reserve your spot on the MSH team.

Important Contacts

- MLTC Complaint Line 1-866-712-7197
- Medicare 1-800-633-4227
- Medicare Rights Center Consumer Hotline 1-800-333-4114
- Alzheimer’s 24-Hour Helpline 1-800-272-3900
- The Alzheimer’s Association offers support groups. For exact location, support group leader contact information, and general questions, please call 1-800-272-3900.
- Alzheimer’s Association 914-253-6860 for free referral information and free paralegal guidance
- The New York State Office for Aging 1-800-342-9871
- Westchester County’s Department of Senior Programs & Services www.westchestergov.com or call 914-813-6400

Upcoming

Caregiver’s Support Group
The next meeting will be Tuesday, July 19, from 4:00–5:30 p.m. Call Amy at 914-241-0770 to confirm attendance.

Podiatrist Tuesday, July 19.
Call Amy at 914-241-0770 to make an appointment with Dr. O’Hanlon.

Haircare Services Monday, July 25.
Call Amy at 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

The participants and staff have been treated to many cultural events recently, including the Elmsford Dinner Theatre (Emma, Ellen and Grace, above), The Woman’s Civic Club Choir of Katonah (left), and The Scarborough Singers (below).