Director’s Corner

Dear Participants, Caregivers, and Friends;

“Behold, my friends, the spring is come; the earth has gladly received the embraces of the sun, and we shall soon see the results of their love!”

— Sitting Bull

So it is spring here at My Second Home. The clocks were turned ahead and a winter storm dropped mounds and piles of snow on the ground. Even though it is a dreary rainy day, out my window here, I can see the buds on the forsythia bushes. Spring brings sensations of rejuvenation, of feeling brighter and cheerier and upbeat. And so our internal feelings shared with each other provide for good fun and shared experiences each and every day. We all are impacted, impressed, and influenced by each other every day we are fortunate enough to be alive. Springtime is the time of year I believe we experience renewal as a whole, while enjoying the extra hours of light and warmer weather.

My best to everyone,

Karen

“Spring is when life’s alive in everything”

— Christina Rossetti

April Birthdays

Dominick S.
Agnes B.
Anne Marie G.
Sarah C.
Patricia S.
Karen H.
Ruth M.

Holiday

My Second Home will be closed Saturday, May 27, and Monday, May 29, for Memorial Day. Evening Edition will be closed Monday, May 22, and Monday, May 29.

Upcoming

Hair Care Services Monday, April 10. Call Amy at 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

Podiatrist Tuesday, June 6. Call Amy at 914-241-0770 to make an appointment with Dr. O’Hanlon.

Closeup: Meet Gene and Evelyn

Evelyn began attending My Second Home last December. She was born in the Bronx and married her high school sweetheart, Gene, when she was 21. They have three children. Evelyn worked as an administrative assistant (“They called us secretaries back then”) at IBM once her children were in school. She and Gene, married 60 years now, have traveled to Europe, Panama, and national parks all across North America. Evelyn particularly loved the cruises to the Caribbean and still uses her favorite bag from Celebrity Cruises!

Gene started his own machine shop when he was in his 20s, and still operates the shop. He could never persuade Evelyn to ride his motorcycle, which he sold last fall for something she could ride in with him: a bright red Corvette!

Quick News

The Westchester County Department of Senior Programs and Services offers varied events throughout the year. Westchester County residents can sign up for Quick News for Seniors. It’s a convenient way to get updates on programs, benefits and services for seniors and caregivers by e-mail. You can also sign up for e-mail Quick News from other county departments.

For more information on how to sign up and for info on other upcoming events, visit http://seniorcitizens.westchestergov.com or call 914-813-6400.
Wish List

Because we are not-for-profit, there are always needs for which money may not be available. We’re grateful that you help support this important and unique program with your charitable donations.

- Bingo prizes (costume jewelry is a favorite)
- Silk flowers
- Tabletop fan
- Bird food
- Disinfectant wipes
- Personal wipes
- Boxes of tissues

Walk With Us!

It’s not too early to reserve the date and sign up to walk with us at the Alzheimer’s Association’s annual fundraiser on Sunday, Sept. 24, 2017 in White Plains. Help us raise more awareness and funds for this important cause. Contact Joan Nimmo at 914-422-8100 (jnimo@fsw.org) or Dan Jackson at 914-241-0770 (djackson@fsw.org) for details and to reserve your spot on the My Second Home team.

Salute to Seniors

Mark your calendars for Wednesday, May 3; it’s the 49th Annual Salute to Seniors, celebrating the song, dance, and memories of the USO! The event takes place at the Westchester County Center in White Plains from 9:30 am to 2:30 pm and is free. Reserve a free box lunch by April 19 by calling 914-813-6416 or 914-813-6449. There will be fun entertainment and exercises, health screenings and TIPS (Telehealth Intervention Program), and over 90 vendors with services and resources.

For more information, visit: westchestergov.com/seniors or call 914-813-6300.

More Support

The Alzheimer’s Association offers a multitude of support in addition to their 24/7 Helpline and local support groups. Visit alz.org to find information about online message boards, their library of resources, and other helpful information.

Evening Edition

Evening Edition meets on Mondays from 3:00–6:00 p.m. and includes current event discussions, Intergenerational activities with after-schoolers, light exercise, and a social time over snacks.

Our after-schoolers help us explore world landmarks and travel globally through our discoveries each Monday. For the week of St. Patrick’s Day we learned about the Fairy Tree in Ireland and then celebrated the holiday making shamrock hats.

For more information about Evening Edition, contact Karen Bisignano or Dan Jackson at 914-241-0770, or email Dan at djackson@fsw.org.