Walk With Us
There is still time to sign up to walk with us at the Alzheimer’s Association’s annual fundraiser on Sunday, Sept. 24, 2017 in White Plains. Help us raise more awareness and funds for this important cause.
Contact Joan Nimmo at 914-422-8100 (jnimmo@fsw.org) or Dan Jackson at 914-241-0770 (djackson@fsw.org) for details and to reserve your spot on the My Second Home team.

Home Health Care
My Second Home @ Home — Home Health Care Services of FSW, with Home Health Aides trained by Joan Nimmo, LCSW of MSH in White Plains. For information call Karen Bisignano 914-241-0770.

August Birthdays
Sue R
Roger C
Bernabella H
Laura L
Anthony R
Jim B
Semyon S
Elizabeth W

Upcoming
Hair Care Services  Monday, August 14. Call Amy at 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.
Podiatrist  Tuesday, August 8. Call Amy at 914-241-0770 to make an appointment with Dr. O’Hanlon.

Holiday
My Second Home will be closed Saturday and Monday, September 2 and 4, for Labor Day. Evening Edition will be closed Monday, September 4.

Karen Bisignano, LMSW, Director | 914-241-0770 | 95 Radio Circle, Mount Kisco, NY 10549 | www.fsw.org/msh
**Important Contacts**

- MLTC Complaint Line 1-866-712-7197
- Medicare 1-800-633-4227
- Medicare Rights Center Consumer Hotline 1-800-333-4114
- Alzheimer’s 24/7 Helpline 1-800-272-3900
- Local Westchester Alzheimer’s Association Chapter 914-253-6860
- Free referral information, paralegal guidance, and information about support groups in Westchester
- The New York State Office for Aging 1-800-342-9871
- Westchester County’s Department of Senior Programs & Services
  - www.westchestergov.com
  - or call 914-813-6400

**Help for Caregivers**

Family members who are caring for a parent, spouse or other relative will find support services in the programs from the Westchester County Department of Senior Programs and Services (DSPS). Two valuable resources for the family caregiver are *A Guide for Caregivers: Respite Services and Caregiver Support Groups*, and *A Guide for Caregivers: What You Need to Know*.

The *Care Circles of Westchester* program is the newest initiative under the big Livable Communities umbrella. The Livable Communities *Caregiver Coaching* program is a trail-blazing initiative that helps family caregivers make informed decisions to better care for their older or disabled loved ones.

Caregivers who live in their homes with a loved one with Alzheimer’s or other forms of dementia usually worry that that person will wander away and get lost. If that happens *Project Lifesaver* is a free program that uses radio-frequency technology to find their loved ones quickly and return them safely home.

For more information on these programs, visit [http://seniorcitizens.westchestergov.com/caregiving](http://seniorcitizens.westchestergov.com/caregiving).

**Wish List**

Because we are not-for-profit, there are always needs for which money may not be available. We’re grateful that you help support this important and unique program with your charitable donations.

- **Bingo prizes**
  (costume jewelry is a favorite)
- Silk flowers
- Tabletop fan
- Bird food
- Disinfectant wipes
- Personal wipes
- Boxes of tissues

We are looking for an outdoor umbrella and round patio table. Our old ones were ruined in one of our fall storms.

Our faithful volunteer, Kathy Kierce, recently received much-deserved recognition from the Town of Yorktown and was presented with the Senator Terrance P. Murphy Certificate of Recognition and Volunteer of the Year!

Naomi, flutist and daughter of participant Sy, visited with 2 friends to give us a beautiful concert. They played for over an hour!

Left: Margaret escorted some of our participants on a trip into NYC to tour the Intrepid. Jim, Anne Marie and Christine listen as their guides talk about its history. Anne Marie’s husband served on a Navy aircraft carrier.

Evening Edition meets on Mondays from 3:00–6:00 p.m. For more information, contact Karen Bisignano or Dan Jackson at 914-241-0770, or email Dan at djackson@fsw.org.

My Second Home is funded in part by The U.S. Dept. of Health & Human Services, The New York State Office for Aging, and Westchester County Department of Senior Programs and Services.