Director’s Corner

Dear Participants, Caregivers, and Friends;

"Love is friendship that has caught fire. It is quiet understanding, mutual confidence, sharing and forgiving. It is loyalty through good and bad times. It settles for less than perfection and makes allowances for human weaknesses.”

— Ann Landers

Since it's February, I thought it appropriate to reflect on love. Love is love but that's not what I am thinking about. I'm thinking about love in friendships and in mutual relationships of any kind. Love of our home, our school, or summer camp, or trip to the casino. Love of a precious pet, love of our favorite ice cream, all kinds of love. What do these loves bring us? With all these loves we experience understanding, or confidence, or good times or bad. Nothing or no one is perfection. Here at My Second Home we are blessed to be a part of a shared love of place, participants and all we come into contact with. I think we know what love is here.

Wishing you all a wonderful Valentine’s Day and a wonderful February, too.

My best to everyone,

Karen

“’The February sunshine steeped your boughs and tints the buds and swells the leaves within.’”

— William C. Bryant

Holiday

My Second Home will be closed Monday, Feb. 20, for Presidents Day.

February Birthdays

Cathie W.  
Angela L.  
Olga D.  
Teresa T.  
Tom L.  
Judy G.  
Patricia W.

Evening Edition

Evening Edition meets on Mondays from 3:00–6:00 p.m. and includes current event discussions, intergenerational activities with after-schoolers (shown below), light exercise, and a social time over snacks.

For more information about Evening Edition, contact Karen Bisignano or Dan Jackson at 914-241-0770, or email Dan at djackson@fsw.org.

RideConnect

Individuals over 60 can schedule rides for medical appointments, shopping, cultural events, hairdresser appointments and errands.

To arrange for a ride, call RideConnect at (914) 242-7433, Mondays to Fridays from 9 a.m. to 5 p.m. Rides can also be requested on the RideConnect Web site at www.rideconnectwestchester.org.

Upcoming

Podiatrist  Tuesday, March 28.
Call Amy at 914-241-0770 to make an appointment with Dr. O’Hanlon.

PACE students worked with Cognitive Connect, LLC, a service offering cognitively-stimulating computer games on tablets. Partners Olga & Katie; Kiki & Grace; Eileen & Rohan; and Jenny & Cathie worked together for 7 weeks to judge the qualities of the games.
Wish List
Because we are not-for-profit, there are always needs for which money may not be available. We’re grateful that you help support this important and unique program with your charitable donations.

• Bingo prizes (costume jewelry is a favorite)
• Stretch pants
• Bird food
• Disinfectant wipes
• Personal wipes
• Boxes of tissues

Quick News
The Westchester County Department of Senior Programs and Services offers varied events throughout the year. Westchester County residents can sign up for Quick News for Seniors. It’s a convenient way to get updates on programs, benefits and services for seniors and caregivers by e-mail. You can also sign up for e-mail Quick News from other county departments.

For more information on how to sign up and for info on other upcoming events, visit http://seniorcitizens.westchestergov.com or call 914-813-6400.

More Support
The Alzheimer’s Association offers a multitude of support in addition to their 24/7 Helpline and local support groups. Visit alz.org to find information about online message boards, their library of resources, and other helpful information.

Important Contacts
• MLTC Complaint Line 1-866-712-7197
• Medicare 1-800-633-4227
• Medicare Rights Center Consumer Hotline 1-800-333-4114
• Alzheimer’s 24/7 Helpline 1-800-272-3900
• Local Westchester Alzheimer’s Association Chapter 914-253-6860
  Free referral information, paralegal guidance, and information about support groups in Westchester
• The New York State Office for Aging 1-800-342-9871
• Westchester County’s Department of Senior Programs & Services
  www.westchestergov.com or call 914-813-6400

A wonderful group by the name of Engage in Song volunteered their time recently. True to their name they were very engaging with our participants!

We’re Having a Tag Sale!
Open to all participants
Tuesday, Feb.21 — Friday, Feb. 24
Clothing for men and women, shoes, purses, decorations, and more!

Learning should be life-long. Here Lucy helps a pre-schooler learn the joy of reading. Below, Barbara learns to de-mystify her cell phone.