**Walk With Us**

There is still time to sign up to walk with us at the Alzheimer’s Association’s annual fundraiser on Sunday, Sept. 24, 2017 in White Plains. Help us raise more awareness and funds for this important cause. Contact Joan Nimmo at 914-422-8100 (jnimmo@fsw.org) or Dan Jackson at 914-241-0770 (djackson@fsw.org) for details and to reserve your spot on the My Second Home team.

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**Director’s Corner**

**Dear Participants, Caregivers, and Friends,**

“Each day holds a surprise. But only if we expect it can we see, hear, or feel it when it comes to us. Let’s not be afraid to receive each day’s surprise, whether it comes to us as sorrow or as joy. It will open a new place in our hearts, a place where we can welcome new friends and celebrate more fully our shared humanity.”

— Henri Nouwen

I am very happy to announce that we have found our new Social Worker/Site Manager for My Second Home here in Mount Kisco. John Oullette, LMSW, comes to us from another social adult day program/nursing home. He has a very interesting background and a wealth of experience to share with everyone. John’s first day with us is July 10th. He brings great social work skills, warmth and humor to our program. I’m sure you will be speaking with him and meeting him very soon. I am very excited to welcome him to our team! Margaret DeRose remains as our part-time social worker, on Tuesdays and Thursdays. Additionally, Ellen Bren has been named Program Specialist and Christine Bratton is now our Senior Program Assistant! Congratulations to all!

My best to everyone,

*Karen*

“A smile is the universal welcome.”

— Max Eastman

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**Closeup: Annetta Celebrates 103!**

Annetta turned 103 last week! She was born in 1914 in Germany and moved to Belluno, Italy, about an hour north of Venice. She came to America “many years ago” where she met her husband, who was also an Italian immigrant. Annetta was a stay-at-home mom for their two children, Enzo and Anna.

Annetta is the second of five siblings, all of whom live nearby. They still get together every Sunday to have dinner together! Her strong family relationships and her strong faith are the pillars of her life. Annetta says she does not go to sleep without saying her prayers, and doesn’t do anything without acknowledging God. “God loves me very much because I praise him.” This love of God’s world makes her enjoy being outside in nature, particularly the beach. She attributes her long life to always finding a reason to be happy.

Annetta started attending My Second Home two years ago, and in keeping with her positive outlook, she especially enjoys the “very good and nice people here.”

**Happy Birthday, Annetta!**

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**Holiday**

My Second Home will be closed Monday and Tuesday, July 3 and 4, for **Independence Day**. Evening Edition will be closed Mondays, July 3 and July 24.

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**Upcoming**

**Hair Care Services** Monday, August 14. Call Amy at 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

**Podiatrist** Tuesday, August 8. Call Amy at 914-241-0770 to make an appointment with Dr. O’Hanlon.

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**Coming Soon**

**My Second Home @ Home** — Home Health Care Services of FSW, with Home Health Aides trained by Joan Nimmo, LCSW of MSH in White Plains. For information call Karen Bisignano 914-241-0770

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**July Birthdays**

Louise M
Betsy T
Marguerite K
James J

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**Jeanette SA**
**Dick D**
**Fanny H**

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My Second Home is a program of Family Services of Westchester
Wish List

Because we are not-for-profit, there are always needs for which money may not be available. We’re grateful that you help support this important and unique program with your charitable donations.

- Bingo prizes
  (costume jewelry is a favorite)
- Silk flowers
- Tabletop fan
- Bird food
- Disinfectant wipes
- Personal wipes
- Boxes of tissues

We are looking for an outdoor umbrella and round patio table. Our old ones were ruined in one of our fall storms.

And a reminder: this summer’s JEWEL project is all about recycled art and we need your materials to create our projects. We are in need of tea bag tags and the paper pouches some tea bags come in, along with empty sugar and sweetener packets. We will also collect cereal boxes, cardboard egg cartons, plastic bottle tops (all sizes and colors), and foil coffee bags. Drop your materials off with Amy or in the large collection box in the reception area.

Important Contacts

- MLTC Complaint Line 1-866-712-7197
- Medicare 1-800-633-4227
- Medicare Rights Center Consumer Hotline 1-800-333-4114
- Alzheimer’s 24/7 Helpline 1-800-272-3900
- Local Westchester Alzheimer’s Association Chapter 914-253-6860
  Free referral information, paralegal guidance, and information about support groups in Westchester
- The New York State Office for Aging 1-800-342-9871
- Westchester County’s Department of Senior Programs & Services
  www.westchestergov.com
  or call 914-813-6400

The Longest Day

June 21st was “The Longest Day”, an event led by the Alzheimer’s Association to remember and honor those affected by the disease. At My Second Home, the staff and participants (below, left) used the day to honor our loved ones affected with Alzheimer’s and other dementias by wearing multiple shades of purple.

Above: Our faithful interns, Jane and Teresa, received their MSW degrees, and we celebrated with cake, exchanging gifts, and photos.

Left: We were recipients of a silent auction item from a Fox Lane High School fundraiser (for a college scholarship fund). The daughter of a past participant won a concert with the Fox Lane Chorus and very generously gave the concert to us. They were incredibly fabulous!

Below: Angela and Laura made beautiful pillows for home! Creative mastermind Teri and fabulous volunteer Carey helped with the fun arts and crafts project.