Director’s Corner

Dear Participants, Caregivers, and Friends;

“And so with the sunshine and the great burst of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer.”

— F. Scott Fitzgerald

There is a great burst of lilac tree flowers blooming outside my window and around the parking lot here at My Second Home. The air is fragrant and today beautiful sunlight is streaming in and filling up everywhere I look. Our participants carefully make their way from all of our different rooms to our dining room, while the staff makes sure they safely make it to their destination…lunch. One day leads to the next and the next and time passes. And yet, with the blooming and sunlight and fresh aromas all around, it cannot help but feel like a fresh new beginning. There's nothing like a new day and a fresh new summer season and lots of sunlight to make us want to begin again.

My best to everyone,

Karen

“Nothing is more memorable than a smell. One scent can be unexpected, momentary and fleeting, yet conjure up a childhood summer beside a lake in the mountains.”

— Diane Ackerman

Closeup: Meet Ruth and Her Family

Ruth Margo recently turned 98. She’s been attending My Second Home for almost two years. Ruth owned a women’s clothing boutique and raised her three children in Brooklyn in a home full of curious inquiry, humor, conversation, art, activism and music.

Her daughter Maxine (pictured here) is now the host and executive producer of The Many Shades of Green, an internet radio show focusing on the environment. Her sons Mitch (pictured here) and Phil were members of the doo-wop group The Tokens, who had the hit single The Lion Sleeps Tonight in 1961.

Ruthie is immensely proud of her children. When Maxine comes to pick her up each day, Ruth greets her happily with “Bubala!”

Holiday

My Second Home will be closed Saturday, May 27, and Monday, May 29, for Memorial Day. Evening Edition will be closed Monday, May 22, and Monday, May 29.

Walk With Us!

It’s not too early to reserve the date and sign up to walk with us at the Alzheimer’s Association’s annual fundraiser on Sunday, Sept. 24, 2017 in White Plains. Help us raise more awareness and funds for this important cause. Contact Joan Nimmo at 914-422-8100 (jnimmo@fsw.org) or Dan Jackson at 914-241-0770 (djackson@fsw.org) for details and to reserve your spot on the My Second Home team.

Upcoming

Hair Care Services  Monday, May 15.
Call Amy at 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

Podiatrist  Tuesday, June 6.
Call Amy at 914-241-0770 to make an appointment with Dr. O’Hanlon.

May Birthdays

Olga S
Eileen F
Frances C

May 2017
Evening Edition

Evening Edition meets on Mondays from 3:00–6:00 p.m. and includes current event discussions, Intergenerational activities with after-schoolers, light exercise, and a social time over snacks.

Our after-schoolers help us explore world landmarks and travel globally through our discoveries each Monday. When we learned about the Great Wall of China, we then used Legos to build a wall together.

For more information about Evening Edition, contact Karen Bisignano or Dan Jackson at 914-241-0770, or email Dan at djackson@fsw.org.

Wish List

Because we are not-for-profit, there are always needs for which money may not be available. We’re grateful that you help support this important and unique program with your charitable donations.

- Bingo prizes (costume jewelry is a favorite)
- Silk flowers
- Tabletop fan
- Bird food
- Disinfectant wipes
- Personal wipes
- Boxes of tissues

Important Contacts

- MLTC Complaint Line 1-866-712-7197
- Medicare 1-800-633-4227
- Medicare Rights Center Consumer Hotline 1-800-333-4114
- Alzheimer’s 24/7 Helpline 1-800-272-3900
- Local Westchester Alzheimer’s Association Chapter 914-253-6860
  Free referral information, paralegal guidance, and information about support groups in Westchester
- The New York State Office for Aging 1-800-342-9871
- Westchester County’s Department of Senior Programs & Services
  www.westchestergov.com or call 914-813-6400

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