Director’s Corner
Dear Participants, Caregivers, and Friends;

“And so with the sunshine and the great burst of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer.”

— F. Scott Fitzgerald

Looking back on my writing for our newsletter from last year at this exact time, the lilac were already blooming and sharing their sweet, beautiful fragrance. Spring is taking a long time to arrive. I guess this is just the way it happens. It always feels to me that we seem lighter, happier, and friendlier at this time of year. It always feels like something wonderful may be ahead in the coming spring and summer. We look forward to it in anticipation. However, I tell myself to be mindful and grateful of each and every moment. Paraphrasing Janis Joplin, today is all we have. There is no yesterday or tomorrow. I’m hoping we all find joy today, the kind of joy we experience here at My Second Home.

My best to everyone,

Karen

“At last came the golden month of the wild folk — honey-sweet May, when the birds come back, and the flowers come out, and the air is full of the sunrise scents and songs of the dawning year.”

— Samuel Scoville Jr., Wild Folk

Holidays
To celebrate the Memorial Day weekend, My Second Home will be closed on Saturday, May 26, and on Monday, May 28 (there will also be no Evening Edition).

Upcoming
Mount Kisco
Hair Care Services Monday, May 14.
Call 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

Podiatrist Tuesday, June 26.
Call 914-241-0770 to make an appointment with Dr. O’Hanlon.

Caregiver Support Groups
Next support group date to be determined.

White Plains
We are now open the 2nd and 4th Saturdays of each month (May 12 and 26), from 9 am – 4 pm.

Caregiver Support Groups
Tuesday, May 8: 10:00 – 11:30 am

Podiatrist Tuesday, May 1.
Call 914-422-8100 to make an appointment with Dr. O’Hanlon.

May Birthdays
Mount Kisco
Marvin S
Frances C
Olga S
Jean K
Lorraine A
Lewis N
Eileen F
Catherine A

White Plains
Durval F
Bert H
Michael P
Jim S
Ted T

Happy Anniversaries! In April, My Second Home in White Plains celebrated their 3rd anniversary. Here are a few shots from the fun event.

Friends Judy, Barbara, and Frances all enjoy a little down time together on the couch.
Wish List
Because we are not-for-profit, we’re grateful that you help support this important and unique program with your charitable donations.

- Bingo prizes
- Artificial flowers
- Floral foam (for arrangements)
- Bird food
- Disinfectant and personal wipes
- Boxes of tissues

Evening Edition
Evening Edition is an innovative program for those who have concerns about their memory and are eager to enhance their cognitive functioning. We meet on Mondays from 3–6:00 p.m. at the Mount Kisco location. For info, contact Karen Bisignano or Dan Jackson at 914-241-0770, or email Dan at djackson@fsw.org.

A Fundraising Success
A good time was had by all at the recent Paint Night to benefit My Second Home. Our thanks to Sarah Miller Totten who guided us in our creative masterpieces. And a big thanks to all who participated and supported the fundraising event.