Director’s Corner

Dear Participants, Caregivers, and Friends;

“Autumn is the eternal corrective. It is ripeness and color and a time of maturity; but it is also breadth, and depth, and distance. What man can stand with autumn on a hilltop and fail to see the span of his world and the meaning of the rolling hills that reach to the far horizon?” — Hal Borland

It’s October. Pumpkins and Spice are everywhere! It is also the time of year where we share the “My Second Home Satisfaction Survey” and it was included along with the mailing of this newsletter. It is so very important for us to hear your feedback so that we can continue the things that work, and change up the things that do not work. Please set aside some time to fill them out and send them or walk them back to us to either Mount Kisco or White Plains. Your responses are greatly appreciated.

Enjoy this wonderful season. As ever we are here and enjoying every moment!

My best to everyone,

Karen

“There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in October.” — Nathaniel Hawthorne

Holiday

My Second Home will be closed Monday, Oct. 9, for Columbus Day. Evening Edition will also be closed Monday, Oct. 9.

Save the Date!

10th Annual Candle Lighting Friday, Nov. 10, 6-8:00 p.m.

This beautiful event will be at Mount Kisco, but caregivers and friends from both sites are welcome. It is a way to honor our participants, their families, and to mingle with our staff. Refreshments will be served.

Upcoming

Mount Kisco

Hair Care Services Monday, Oct. 16. Call 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

Podiatrist Tuesday, Oct. 10. Call 914-241-0770 to make an appointment with Dr. O’Hanlon.

White Plains

Starting October 14 the White Plains location will be open 9 am-4 pm the second Saturday of every month.

Caregiver Support Groups

Oct. 10: 10:00 – 11:30 am
Oct. 24: 5:30 – 7:00 pm

The day program is extended during the evening support group for the caregiver to participate and their loved one to be engaged in an activity. Call 914-422-8100 to RSVP for the evening group. There is a $10 fee for extended program to cover dinner and extra staff time.

Evening Edition

This support group for participants meets on Mondays from 3:00–6:00 p.m. at the Mount Kisco location. The program covers news and current event discussions, an intergenerational activity with the after-school kids, light exercise, and a social time for conversation over snacks. We are currently learning about countries and cultural landmarks with our after-schoolers.

For more information about Evening Edition, contact Karen Bisignano or Dan Jackson at 914-241-0770, or email Dan at djackson@fsw.org.
Helping Puerto Rico
Our White Plains participants are collecting donations and selling crafts (until Oct. 13) to raise money for the Hurricane victims in Puerto Rico.

1st Annual Golf & Tennis Outing
This fundraiser is Tues., Oct. 10 at the Mount Kisco Country Club to benefit My Second Home and to honor Peggy & Roger Froehlich. Check next month’s newsletter for photos and updates on the event.

October Birthdays
Mount Kisco
Esther G
Rae P
Victoria B
Jules Q
White Plains
Joseph S
Irwin F
Maria D
Sol S

Wish List
Because we are not-for-profit, there are always needs for which money may not be available. We're grateful that you help support this important and unique program with your charitable donations.
- Bingo prizes (costume jewelry is a favorite)
- Silk flowers
- Bird food
- Disinfectant wipes
- Personal wipes
- Boxes of tissues

Important Contacts
- MLTC Complaint Line 1-866-712-7197
- Medicare 1-800-633-4227
- Medicare Rights Center Consumer Hotline 1-800-333-4114
- Alzheimer’s 24/7 Helpline 1-800-272-3900
- Local Westchester Alzheimer’s Association Chapter 914-253-6860: Free referral information, paralegal guidance, and information about support groups in Westchester
- The New York State Office for Aging 1-800-342-9871
- Westchester County’s Department of Senior Programs & Services www.westchestergov.com or call 914-813-6400

Thank you!
With your help, Team My Second Home raised over $2000 in the Alzheimer’s Association Walk on Sept. 24. A heart-felt thank you to everyone who participated or donated to this important cause. If you missed it, you can still donate. Contact Joan Nimmo at 914-422-8100 (jnimo@fsw.org) or Dan Jackson at 914-241-0770 (djackson@fsw.org). Above are the team participants who braved the heat and walked.

There’s always something fun happening at My Second Home!
Clockwise from upper left: Tony and his little friend enjoy a visit; Moira greets volunteers Carole and Darcey the dog; Sandra and Joyce dance at a recent birthday celebration; and Grace & Ruth giggle with their younger friend as the Viking Women show off their hats after learning about Norway in Evening Edition.

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