



# Weekly Activity Schedule

All activities integrate cognitive support into their objectives.

My Second Home is a Program of Family Services of Westchester



INDEPENDENCE

DIGNITY

CHOICE

## IGP: JEWEL Joining Elders with Early Learners

Monday 20	Tuesday 21 <b>Breakfast Buddies</b>	Wednesday 22	Thursday 23	Friday 24 <b>Breakfast Buddies</b>	Saturday 25 Marcia Jolene Jasmine
9:00 – 9:30 Let's Be Flexible Marcia Wellness Room	9:00 – 9:30 Let's Be Flexible Diane Wellness Room	9:00 – 9:30 Shake It Out Teri Wellness Room	9:00 - 9:30 Let's Get Moving Marcia Wellness Room	9:00 – 9:30 Morning Stretch Diane/available staff Wellness Room	
9:30-10:00 Newsmakers Dan Wellness Room	9:30-10:15 Nurse Donna Irma Wellness Room	9:30-10 News Bulletin Diane Wellness Room	9:30 Current Events Teri Wellness Room	9:30-10:00 Current Events Marty Wellness Room	<b>NEWS and Horoscopes</b>
9:30 JEWEL: Pre-K A Irma Classroom	10:00 Concert Hour Coloring Skylight Room Jasmine	10:00-11:00 Color Me Calm Meditation & Relaxation Skylight Room	 <b>Jewel: 9:30-11:00 Toddler Music Laura/Christine Sunroom</b>		
	10:00 JEWEL: Pet Therapy Hearst Ellen/Living Room	10:00 JEWEL: PreK K Marcia Dining Room  10:00-11:00 Our Century The Year in Review Diane/Wellness Room	10:00-11:00 Mystery Person Ni'chlah Wellness Room  10:00 Devereux Students Card Games/Marcia Hobby Area	10:15-11:00 Rosary Irma/Library   10:00-10:30 JEWEL: Toddler A Vanessa/Christine Dining Room	Meet Mango And Sarah  PET THERAPY

<p><b>10-11</b>  <b>“Dear Abby”</b>  <b>Diane</b>  <b>Wellness Room</b></p>	<p><b>10:30</b>  <b>JEWEL: Toddler C</b>  <b>Teri</b>  <b>Music/Art</b>  <b>Classroom</b></p>	<p><b>10:30</b>  <b>Horticulture Therapy</b>  <b>Mary Ann/Christine</b>  <b>Dining Room</b></p> 	<p><b>10:30-11:15</b>  <b>JEWEL: PreK C</b>  <b>Horticulture Therapy</b>  <b>Christine/AS Library</b></p>	<p><b>10:00-11:00</b>  <b>Musical Theatre</b>  <b>Taylor/Ellen</b>  <b>Wellness Room</b></p> 	
<p><b>10:30-11:00</b>  <b>Jewel: Toddler B</b>  <b>Marcia/Classroom</b></p>	<p><b>10:15</b>  <b>Current Events</b>  <b>Nick/Marcia</b>  <b>Wellness Room</b></p>		<p><b>11-12</b>  <b>Brain Quest/Current</b>  <b>Events</b>  <b>Pat R./Rick</b>  <b>Wellness Room</b></p>	<p><b>10:00</b>  <b>Concert Hour</b>  <b>Intern/Volunteer</b>  <b>Skylight Room</b></p>	<p><b>Gentle</b>  <b>Stretch</b></p>
<p><b>11:00</b>  <b>Jumbo Crossword</b>  <b>Christine</b>  <b>Skylight Room</b></p>	<p><b>11:00</b>  <b>Martha</b>  <b>Librarian/Diane</b>  <b>Library</b></p>	<p><b>11:00-11:30</b>  <b>JEWEL: Infant B</b>  <b>Ni’chlah</b>  <b>Living Room</b></p>	<p><b>11:00</b>  <b>Jumbo Crosswords</b>  <b>with Kathy</b>  <b>Skylight Room</b></p>		
	<p><b>11:00</b>  <b>Ellen’s Fun Facts</b>  <b>Wellness Room</b></p>	<p><b>11-12</b>  <b>Brain Quest/Current</b>  <b>Events</b>  <b>Pat R./Rick</b>  <b>Library</b></p>		<p><b>11:00</b>  <b>BINGO</b>  <b>Hobby Area</b>  <b>Rick/Jasmine</b></p>	<p><b>IPAD FUN</b></p>
<p><b>11:00</b>  <b>Tai Chi</b>  <b>Nancy</b>  <b>Wellness Room</b></p>		<p><b>11-12</b>  <b>Aerobic Movement to</b>  <b>Music</b>  <b>Gina/Jasmine</b>  <b>Wellness Room</b></p>	<p><b>11:00</b>  <b>Creative Corner</b>  <b>“Hand Bags”</b>  <b>With Teri</b>  <b>Hobby Area</b></p>	<p><b>11:00</b>  <b>Sing Along</b>  <b>Ni’chlah</b>  <b>Wellness Room</b></p>	<p><b>Sing-Along</b></p>
	<p><b>11:00</b>  <b>Card Sharks</b>  <b>Rick</b>  <b>Skylight Room</b></p>	 <p><b>11-12</b>  <b>Craft Corner</b>  <b>Teri/Hobby Area</b></p>	<p><b>WESTCHESTER</b>  <b>BROADWAY</b>  <b>DINNER THEATRE</b>  <b>“Happy Days”</b></p>	<p><b>11:00</b>  <b>JEWEL: Infant A</b>  <b>Laura/Ni’chlah</b>  <b>Living Room</b></p>	
<p><b>12-1</b>  <b>LUNCH &amp; TEA</b>  <b>Social Hour</b></p>	<p><b>12-1</b>  <b>LUNCH &amp; TEA</b>  <b>Social Hour</b></p>	<p><b>12-1pm</b>  <b>LUNCH TEA</b>  <b>Social Hour</b></p>	<p><b>12-1pm</b>  <b>LUNCH TEA</b>  <b>Social Hour</b></p>	<p><b>12-1pm</b>  <b>LUNCH &amp; TEA</b>  <b>Social Hour</b></p>	<p><b>12-1pm</b>  <b>Lunch &amp; Tea</b>  <b>Social Hour</b></p>
<p><b>1:15</b>  <b>Steven A.</b>  <b>Entertainment</b>  <b>Piano</b>  <b>Hobby Area</b>  <b>Diane/Ellen</b></p>	<p><b>1:15-2:15</b>  <b>Healthy Fitness</b>  <b>Dorianna/Irma</b>  <b>Wellness Room</b></p>	 <p><b>1:15-2:15</b>  <b>IMNF Music Therapy</b>  <b>Jenna/</b>  <b>Wellness Room</b></p>	<p><b>1:15</b> Teri’s Warm Up  <b>Nancy H.</b>  <b>Golden Oldies</b>  <b>Piano</b>  <b>Hobby Area</b>  <b>Diane/Ellen</b></p>	 <p><b>1:15-2:15</b>  <b>Laura/Irma</b></p>	

				<b>Wellness Room</b>	
	<b>1:15-2:15</b> <b>Hot Topics</b> Diane/Nick Library	<b>1:15-2:30</b> <b>Reminisce Discussion</b> Group Taylor/Diane	<b>1:15-2:15</b> <b>Cook's Corner with</b> Taylor/Ni'chlah  Dining Room 		<b>MOVIE</b> <b>MADNESS</b>
<b>1:15</b>  <b>SCRABBLE</b> Irma Library	<b>1:15-2:15</b> <b>Movie Musicals</b> Teri Skylight Room	<b>1:15-2:15</b> <b>Musical Bingo</b> Irma Skylight Room	<b>1:15-2:15</b> <b>Rosary</b> Diane/Library	<b>1:15-2:15</b> <b>Games Galore</b> Library Ni'chlah	
<b>EXPEDITOR</b>	<b>EXPEDITOR</b>	<b>EXPEDITOR</b>	<b>EXPEDITOR</b>	<b>EXPEDITOR</b>	
<b>2-3</b> <b>Movie Madness</b> Christine Wellness Room	<b>2-3</b> <b>Comedy Classics</b> Irma Wellness Room	<b>2-3</b> <b>Movie Madness</b> Christine Wellness Room <i>Let's Visit with Pepe</i> <i>Pet Therapy</i>	<b>2-3</b> <b>Comedy Classics</b> Irma Wellness Room	<b>2-3</b> <b>Movie Matinee</b> Marcia Wellness Room	<b>SNACK/TEA</b>
<b>2-3</b> <b>Brainteasers</b> Diane Skylight Room	<b>2-3</b> <b>Brainteasers</b> Diane Library	<b>2-3</b> <i>Amy's Toss, Color and</i> <i>Talk/Marcia</i> <i>Library</i>	<b>2-3</b> <b>Trivia, Trivia,</b> <b>TRIVIA</b> Skylight Room	<b>2-3</b> <b>Trivia, Trivia, TRIVIA</b> Skylight Room	<b>MUSICAL</b> <b>BIO'S</b>
<b>3-4</b> <b>Afternoon Snack</b> <b>Tea Time</b>	<b>3:30-4</b> <b>Snack Buddies</b> <b>Afternoon Snack</b>  <b>Puzzles</b>	<b>3:30-4</b> <b>Snack Buddies</b> <b>Afternoon Snack</b>  <b>Dominos</b>	<b>3:30-4</b> <b>Snack Buddies</b> <b>Afternoon Snack</b>  <b>Puzzles</b>	<b>3-4</b> <b>Afternoon Snack</b> <b>Tea Time</b>  <b>Dominos</b>	
<b>4-5:30</b> <b>MUSIC &amp;</b> <b>MEMORY<sup>SM</sup> IPOD</b> Listening	<b>4-5:30</b> <b>MUSIC &amp;</b> <b>MEMORY<sup>SM</sup> IPOD</b> Listening	<b>4:00-5:30</b> <b>MUSIC &amp; MEMORY<sup>SM</sup></b> IPOD Listening	<b>4-5:30</b> <b>MUSIC &amp; MEMORY<sup>SM</sup></b> IPOD Listening	<b>4-5:30</b> <b>MUSIC &amp; MEMORY<sup>SM</sup></b> IPOD Listening	<b>4-5:30</b> <b>MUSIC &amp;</b> <b>MEMORY<sup>SM</sup> IPOD</b> Listening