Director’s Corner

Dear Participants, Caregivers, and Friends;

“Behold, my friends, the spring is come; the earth has gladly received the embraces of the sun, and we shall soon see the results of their love!” — Sitting Bull

So it is spring here at My Second Home. Spring brings sensations of rejuvenation, of feeling brighter and cheerier and upbeat. And so our internal feelings shared with each other provide for good fun and shared experiences each and every day. We all are impacted, impressed, and influenced by each other every day we are fortunate enough to be alive. Springtime is the time of year I believe we experience renewal as a whole, while enjoying the extra hours of light and warmer weather.

My best to everyone,

Karen

“Spring is when life’s alive in everything” — Christina Rossetti

April Birthdays

Mount Kisco
Agnes B
Patricia S
Leonora S

White Plains
Inez M
Eileen P

Upcoming

Mount Kisco
Hair Care Services Monday, April 22. Call 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

Podiatrist Tuesday, May 28. Call 914-241-0770 to make an appointment with Dr. O’Hanlon.

White Plains
Podiatrist Tuesday, May 14. Call 914-422-8100 to make an appointment with Dr. O’Hanlon.

White Plains
11th Annual Candle Lighting Fri, April 12, 6-7:30 pm

Please note the date change!
It is a way to honor our participants, their families, and to mingle with our staff. Caregivers and friends are welcome. Refreshments will be served.

Please RSVP to Donna West at 914-422-8100 or donna.west@fsw.org.

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Thank You, Volunteers!

April is National Volunteer Month, when we celebrate the work that volunteers do year-round. With the help of our faithful volunteers, My Second Home is a happier place. They share their time and talents and passions and patience with us, and we are ever grateful for their giving hearts. Thank you, to all of our volunteers!

Patty Murphy, JEWEL Pet Therapy
Martha Iwan, Reading
Kathy Kierce, General
Nick Fiegol, General
Carey Garrity, Crafts
Jacquie Inerfeld, Pet Therapy
Anita Winkler, Pet Therapy
Pat Ryan, Trivia

Wish List

Because we are not-for-profit, we’re grateful that you help support this important program with your charitable donations.

• Bingo prizes (costume jewelry is a favorite)
• Towels (new or used)
• Disinfectant and personal wipes
• Boxes of tissues

Important Contacts

• MLTC Complaint Line 1-866-712-7197
• Medicare 1-800-633-4227
• Medicare Rights Center Consumer Hotline 1-800-333-4114
• Alzheimer’s 24/7 Helpline 1-800-272-3900
• Local Westchester Alzheimer’s Association Chapter 914-253-6860
  Free referral information, paralegal guidance, and information about support groups in Westchester
• The New York State Office for Aging 1-800-342-9871
• Westchester County’s Department of Senior Programs & Services
  www.westchestergov.com or call 914-813-6400

Evening Edition

This support group for participants meets on Mondays from 3–6 p.m. at the Mount Kisco location. The program includes current event discussions, activities with the after-school kids, light exercise, and social conversation over snacks.

In a recent craft, we matched teams to individually decorate each side of butterfly wings and then put them together. Smiles all around showed the successful results.

For more info about Evening Edition, contact Karen Bisignano or Dan Jackson at 914-241-0770, or email Dan at djackson@fsw.org.

Nancy Taddiken, Horticulture
Marcia Carlson, JEWEL Pet Therapy
Lisa Russell, Pet Therapy
Donna Kane, Health and Wellness

George Sommerfield, Baseball Hour
Roz Segner, General
Margaret McCarthy, Crafts
Sara Weale, Pet Therapy
Eric Sinder, Clerical
Laurie Friedman, Adult Coloring
Carole Woodier, Pet Therapy
Barbara Hatcher, Music & Lunch Engagement
Gladys Castillo, JEWEL Engagement

My Second Home is funded in part by The U.S. Dept. of Health & Human Services, The New York State Office for Aging, and Westchester County Department of Senior Programs and Services.