Director’s Corner

Dear Participants, Caregivers, and Friends;

“The first week of August hangs at the very top of summer, the top of the live-long year, like the highest seat of a Ferris wheel when it pauses in its turning. The weeks that come before are only a climb from balmy spring, and those that follow a drop to the chill of autumn, but the first week of August is motionless, and hot. It is curiously silent, too, with blank white dawns and glaring noons, and sunsets smeared with too much color.”

— Natalie Babbitt, Tuck Everlasting

So much build up and anticipation as we on the east coast crane our necks towards the spring and summer. The promise of balmy breezes, and rustling leaves through fully canopied trees. And yet…I feel the last pull of the pendulum swinging or the momentum pulling us from summer to the very edge of the season. But it is still hot, and much easier to get around than in that other season where the winds are biting and the ground slippery beneath our feet. There is still more summer fun to be had here at My Second Home.

My best to everyone,

Karen

“When summer opens, I see how fast it matures, and fear it will be short; but after the heats of July and August, I am reconciled, like one who has had his swing, to the cool of autumn.”

— Ralph Waldo Emerson, American essayist and scholar

August Birthdays

Peter P
Harvey J
Barbara B
Giacomina C
Carol C
Virginia B
Doreen M
Laura L
Semyon S
Jimmy B
Vincent F

Staff Spotlight

Humberto Ducoz

My great grandma, grandparents, and parents gave me so much love, and when I see the “treasures” at My Second Home, it reminds me of my family. I really enjoy working with all these nice people and I’m hoping that I will be for a long time.

Cynthia Glenn

I’m really easy going. I like to work with seniors to make their everyday living less challenging than it needs to be. When I’m not working I like to spend time with my 4 granddaughters.

Support for Caregivers

The Alzheimer’s Association offers a multitude of support in addition to their 24/7 Helpline and local support groups. Visit www.alz.org to find information about online message boards, their library of resources, and other helpful information.
Upcoming

Hair Care Services  Monday, August 26. Call 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

Podiatrist  Tuesday, October 8. Call 914-241-0770 to make an appointment with Dr. O’Hanlon.

Wish List

Because we are not-for-profit, we’re grateful that you help support this important program with your charitable donations.

- Bingo prizes (costume jewelry is a favorite)
- Disinfectant and personal wipes
- Boxes of tissues

Important Contacts

- MLTC Complaint Line  1-866-712-7197
- Medicare  1-800-633-4227
- Medicare Rights Center Consumer Hotline  1-800-333-4114
- Alzheimer’s 24/7 Helpline  1-800-272-3900
- Local Westchester Alzheimer’s Association Chapter  914-253-5860
- Free referral information, paralegal guidance, and information about support groups in Westchester
- The New York State Office for Aging  1-800-342-9871
- Westchester County’s Department of Senior Programs & Services  www.westchestergov.com or call 914-813-6400

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Horticulture is always a highlight for participants and you can see the joy on the faces and in the creative bouquets made. Clockwise from right: Rich, Donna, Esther, Faye, Elsa, Julius, Zoila, Karin, and center: Mahin and Fran.