**Director’s Corner**

Dear Participants, Caregivers, and Friends;

*How did it get so late so soon? Its night before its afternoon. December is here before its June. My goodness how the time has flown. How did it get so late so soon?*

— Dr. Seuss

I think this is a great time of year for whimsy with the holidays upon us and the New Year around the corner. Our sense of humor must always be handy. The reality of short days is very real. We are all feeling the shortness of our late fall days. No more so than our participants who look more eagerly and anxiously at the end of the day to head home. This time of year is a time for families, of hearth and home and reflection of another year passed. Time keeps moving and the short days will again become long days. So as we move through each and every day of this coming winter, we at My Second Home move forward with our sense of humor and whimsy for days shared activities and experiences. In the end, short or long, it’s a good day.

My best to everyone,

Karen

*“Good humor is a tonic for mind and body. It is the best antidote for anxiety and depression. It is a business asset. It attracts and keeps friends. It lightens human burdens. It is the direct route to serenity and contentment.”*

— Grenville Kleiser

**12th Annual Candle Lighting Ceremony**

On Friday evening, November 15, participants, their families, and staff mingled at this beautiful event. Several of the caregivers lit candles and spoke of the impact My Second Home has made on their families. Delicious refreshments and conversations embellished the evening, and our own Jonathan and Joe entertained with great music!

**Holidays**

My Second Home will be closed Tuesday & Wednesday, Dec. 24 & 25, for Christmas, and Wednesday, Jan. 1, for New Year’s Day.

**Upcoming**

**Hair Care Services** Monday, Dec. 16. Call 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

**Podiatrist** Tuesday, Dec. 10. Call 914-241-0770 to make an appointment with Dr. O’Hanlon.

**December Birthdays**

Millie B
Hyacinth J
Fannie (Fay) P
Francesca S
Carl M
Hanna R
Carol W
Yamila R
Bud D
Nancy A
Mahin T

**Weather Watch**

In case of inclement weather and program delay or closing, please listen to WHUD 100.7 FM; or for more information, go to www.whud.com/stormcenter/.

For our transportation participants we will call you to let you know if transportation has been suspended for the day.

Caregivers who drop off participants may call the main number for a delay or closing announcement.
Staff Spotlight

Joe Napi
Joe has been a driver for our program for 7 years. As he puts it, he “blew in” after superstorm Sandy… and we are so glad he did! Joe has a special way with our participants, which he attributes to his love for, and experience with, his aunt and mother (who lived until she was 98!). Joe enjoys talking sports and music with his riders, and is proud that the participants feel so confident with him. When Joe is not driving for MSH he enjoys racing Corvettes and playing jazz, blues and popular music with his band at the clubs in White Plains – sometimes with his buddy Bernie Williams!

Wish List
Because we are not-for-profit, we’re grateful that you help support this important program with your charitable donations.

- Disinfectant and personal wipes
- Boxes of tissues

Important Contacts
- MLTC Complaint Line 1-866-712-7197
- Medicare 1-800-633-4227
- Medicare Rights Center Consumer Hotline 1-800-333-4114
- Alzheimer’s 24/7 Helpline 1-800-272-3900
- Local Westchester Alzheimer’s Association Chapter 914-253-6860
  Free referral information, paralegal guidance, and information about support groups in Westchester
- The New York State Office for Aging 1-800-342-9871
- Westchester County’s Department of Senior Programs & Services www.westchestergov.com or call 914-813-6400

Halloween is always fun at My Second Home!
Clockwise from right: Neil hands out treats to our little friends; Ni’chlah and Miracle are devilish and angelic; Rich and social work intern Gloria are ready for a rodeo; and Ellen and Teresa model decades past.

Staff Spotlight

Veterans Day
In November, we honored our veterans with a special thank you for their military service.

Veterans Day 2019

Joe Napi

Melvin Newfield
US Army

George Garbarini
US Navy

Ralph Purdy
US Army

Julius Mangione
US Army

Ralph Stephani
US Army

Bob Wals
US Army

Richard Wheeler
US Army

Vincent Favale
US Army

Lee Kaplan
US Army

Ciro Russo
US Army

Karl Hurowitz
US Air Force

Anthony Cavalluzzi
US Army

Thank you to our Veterans!