Director’s Corner

Dear Participants, Caregivers, and Friends;

"By all these lovely tokens September days are here, with summers best of weather and autumn’s best of cheer."

— Helen Hunt Jackson

I love September! The dog days of August are behind us and it’s a perfect month for weather. You would never have heard me claim I loved September as a child because it meant that school was about to start, but I find it comforting that certain things happen at certain times. Living in the Northeast, September comes and kids go back to school. The constancy of the seasons for me is reassuring. Even when life is topsy-turvy and we are thrown into living “new normals” we can depend on the changing of the seasons which stay steady. Even though one of our most horrific human experiences occurred in September, we can still experience joy. One of my grandsons was born on September 11th, 10 years later. And so, life moves and the seasons come and go, and life is up and down and happy and sad. September is here and it is beautiful! Enjoy!

My best to everyone,
Karen

“When the seasons shift, even the subtle beginning, the scent of a promised change, I feel something stir inside me. Hopefulness? Gratitude? Openness? Whatever it is, it’s welcome.”

— Kristin Armstrong

September Birthdays

Donna B
Barbara L
Joye A
Ilinca R
Chris P
Maria A
Karin F
Scott C

BE SURE TO JOIN US!
Sparkle for a Cause

My Second Home has been selected to be the featured non-profit for the Crabtree Kittle House “Sparkle for a Cause” event on Tuesday, September 17th from 6–9 pm.

Please consider attending this fun night out for great food, sparkling cocktails, and a great cause — 30% will go to My Second Home!
Crabtree’s Kittle House
11 Kittle Road, Chappaqua, NY 10514
Please call for reservations: 914-666-8044

Upcoming

Hair Care Services Monday, September 16. Call 914-241-0770 to make an appointment with our hairdresser, Patti. Payment is required at time of service.

Podiatrist Tuesday, October 8. Call 914-241-0770 to make an appointment with Dr. O’Hanlon.

Holiday

My Second Home and Evening Edition will be closed Monday, September 2, for Labor Day.

There’s always something fun happening at My Second Home!

Clockwise from top left: DW gives Sara a new nail color; Lucille and her little friend enjoy a book together; Elsa, Laura, Esther, Gloria, and Faye pose with their Busy Bee artwork; Vincent gets a trim from hair stylist Patti.
Staff Spotlight

Ni'chlah Lyn
Ni'chlah has been on the staff at MSH for almost four years. She filled in as a Program Assistant in October of 2015 for two weeks, and the rest, as they say, is history! Ni'chlah's dedication to the participants of the program is evident every day (such as here with James), and she was promoted to the position of Senior Program Assistant in February. Her favorite new role though, is that of “grandma” to two-month-old Ashton Sheldon.

Wish List
Because we are not-for-profit, we’re grateful that you help support this important program with your charitable donations.
- Disinfectant and personal wipes
- Boxes of tissues

Important Contacts
- MLTC Complaint Line 1-866-712-7197
- Medicare 1-800-633-4227
- Medicare Rights Center Consumer Hotline 1-800-333-4114
- Alzheimer’s 24/7 Helpline 1-800-272-3900
- Local Westchester Alzheimer’s Association Chapter 914-253-6860
- Free referral information, paralegal guidance, and information about support groups in Westchester
- The New York State Office for Aging 1-800-342-9871
- Westchester County’s Department of Senior Programs & Services
  www.westchestergov.com
  or call 914-813-6400

My Second Home FALL MUMS SALE
Proceeds from the sale will benefit the programs at My Second Home

Pre-Order Deadline: Wednesday, September 18
Pick-up Date: Tues/Wed, September 24/25 at My Second Home • 95 Radio Circle, Mount Kisco
Thank you for your support!

Wish List

Get your Order Form from a staff member.

Sizes and Colors Available
9” Pot ($8.50 each) Suitable to plant
12” Pot ($28 each) Suitable to display in pot
Color options: Yellow, Bronze, Red, White, Pink

My Second Home 3rd Annual Golf Outing
Please consider joining us for all or part of the day on Monday October 7th at the Mt. Kisco Country Club as we raise money to support our wonderful program.

Even if you are not a golfer we hope you can attend the cocktail reception and dinner beginning at 6:00 p.m. where our guest of honor will be U.S. Representative Nita M. Lowey. Ty Milburn, a reporter with Channel 12 News, will be our dinner host.

For more information or to register, contact eventsch@eventsremember.com.

My Second Home
95 Radio Circle • Mount Kisco, NY 10549

My Second Home is funded in part by The U.S. Dept. of Health & Human Services, The New York State Office for Aging, and Westchester County Department of Senior Programs and Services.